TEENAGE PREGNANCY PATHWAY FOR YOUNG WOMEN (under 19 years)

First point of access: GP, Pharmacist, Minor Injury Unit, A&E, Walk In Clinic, Children’s Specialist Services, C-Card Point, School Nurse, KCA Worker, Educational Welfare Officer, Health Visitor, Midwife

At all stages of this pathway, due care and attention will be given disability, race, religion and belief.

Referral to Contraceptive and Sexual Health Clinic (CASH), Family Planning Clinic / GP

Pregnancy Confirmed, involve partner & family, (with consent), consider LAC status

Pregnancy Already Confirmed

Continuation of Pregnancy

Refer to midwife/GP Surgery/Children’s Centre or to local teenage pregnancy midwife if available

Midwifery booking & identify named midwife + contact details

Discussions re: health + screening, smoking in the home, healthy weight, feeding, relationship / support and consider support for dad, education/school, contraception, alcohol and drugs

Make decisions re where to give birth, birth plan, involvement of dad, specialist antenatal education

Consider support for labour from partner, parents, friends.
Identify additional support as young parent. Additional support needed if baby premature

Immediate postnatal
Midwifery support for 10 days possible involvement for up to 6 weeks if required. DISCUSS CONTRACEPTION/SEXUAL HEALTH (especially Long Acting Reversible Contraception) & Safe Sleeping

10 – 14 Days
Health Visitor visit at 10-14 days undertakes a newborn visit which incorporates maternal mental health assessment. Clinic invitations. If vulnerable may be seen at home more frequently. DISCUSS CONTRACEPTION/SEXUAL HEALTH. Offer Chlamydia testing to new parents

10 – 14 Days
Information received by Children’s Centres if not previously referred

From 1 – 6 weeks
Birth registrar to register birth

2 weeks postnatal
Sexual Health Outreach Worker/Health Visitor/Community Worker/GP – facilitate young mother to obtain contraception via either prescription or support to access clinic

2 weeks postnatal
Education Welfare Officer if school age

6 -8 weeks
GP – Baby Check and maternal postnatal check, maternal mental health assessment (GP or HV), check contraception established

By 6 weeks
Children’s Centre home visit offered

On-Going
Children’s Centres supported by Connexions and Young Parent Worker to offer information, advice and guidance e.g. access to benefits/finance, education opportunities, childcare funding
Possible support from Home-Start, Floating Support, YAPS, Health

BPAS West Kent or Marie Stopes – service free if referred by GP/CASH. Establish future contraception

Termination of Pregnancy

Referral to Sexual Health Outreach Nurse

Consider antenatal pathway if high risk care required

For Example:
- Adult Mental Health or CAMHS
- Children’s Specialist Services
  - Children’s Centre
  - Connexions
  - Disability Team
  - Domestic Violence
  - Drug & Alcohol Service
  - Health Visitor
  - Housing / Floating Support
  - Legal Advice (citizens advice)
    - School
    - School Nurse
  - Sexual Health Outreach Worker
  - Smoking Cessation Worker
  - YAPS
- Young Parents Support Coordinator

CONSIDER CAF AND/OR SAFEGUARDING AT EACH CONTACT
ACRONYMS:
GP – General Practitioner
A&E – Accident & Emergency
CASH – Contraceptive and Sexual Health
LAC – Looked After Children
BPAS – British Pregnancy Advisory Service
CAMHS – Child & Adult Mental Health Service
CAF – Common Assessment Framework
YAPS – Young and Pregnant Support
HV – Health Visitor

For more information, please contact:

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