

CDAP

Community Domestic Abuse Programme

Women & children's services

Why is there a women and children's service?

Any woman whose partner or ex-partner is attending the programme will have experienced some level of violence or abuse, and for most this will have been over a long time.

It is extremely important that partners and ex-partners are offered support to help them deal with the often devastating effects of this violence.

The Community Domestic Abuse Programme offers a separate and confidential support service for the women partners and ex-partners of the men they are working with.

Your partner/ex-partner will have the choice to be kept up to date on the progress of the programme via our Women's Safety Worker, who will contact them at regular intervals to help maintain a balance in the support you are receiving.

Men attending the programme will be expected to respect their partner or ex-partner's need to participate.

CDAP

Community Domestic Abuse Programme

Contact us

Contact details

If you would like to find out more about the services that CDAP offers, including access to courses and advice, then please contact:

Referrals and Advice

T: 07933 359 210

E: cdap@stgilestrust.org.uk

Programme Manager

T: 07590 229 291

CDAP works in accordance with the Kent and Medway Information Sharing Protocol.

CDAP

Kent Community Domestic Abuse Programme

Information for men



CDAP is a project managed by St Giles Trust working with local Crime Reduction Partnerships

CDAP Community Domestic Abuse Programme

Domestic abuse is a pattern of controlling behaviour against an intimate partner or ex-partner that includes but is not limited to physical assaults, sexual assaults, emotional abuse, isolation, economic abuse, threats, stalking and intimidation.

What is CDAP?

The Community Domestic Abuse Programme is a rolling programme of evening sessions. It is designed to help men who feel their behaviour towards their partner has been, or is still, abusive. CDAP challenges that behaviour and shows you how it affects your partner or ex-partner and any children that may be involved.

We know it can be tough facing up to difficult problems. This programme will support you to make the changes you need to develop respectful, non-abusive relationships so that you are safe around your partner and any children.

How long is the programme?

The programme lasts for 27 weeks. It is expected that once you are accepted on to the programme, you will attend all the sessions.

Sessions are held once a week and each session lasts 2½ hours.

Will it cost me anything?

No, the programme is free.

How can I access CDAP?

The first step is to decide if you want to change your behaviour. After that, contact us and we will offer an interview to assess your suitability.

Programme criteria - you must:

- Acknowledge your abusive behaviour
- Accept your behaviour is a problem
- Accept responsibility for ending abusive behaviour toward your (ex-) partner
- Agree to the conditions of attendance

CDAP supports the safety of women and children involved by offering associated services to them alongside your programme. One condition of attendance is therefore that you provide contact details of your partner or ex-partner.

Does it change abusive behaviour?

The programme cannot 'cure' abusive behaviour or guarantee dramatic change. Behavioural change is a long process and may continue after the programme is finished. However, research shows that men who complete the programme stop physical violence and significantly reduce their abusive behaviour.

How does CDAP work?

CDAP is a rolling modular programme. There are nine modules. Each module has three sessions, making twenty-seven sessions in total.

You can join a first session of any module (except module 6: Sexual Respect). Throughout the programme you will look at the various qualities and behaviours needed in a healthy, equal relationship.

Modules of the programme

- Non-violence
- Non-threatening behaviour
- Respect
- Support and trust
- Accountability and honesty
- Sexual respect
- Partnership
- Responsible parenting
- Negotiation and fairness

Over the course of each module you will cover:

- Defining the theme
- Examining abusive behaviour
- Exploring & practicing non-violent behaviour